



Kursplan Januar – April 2019

| Uhrzeit | Mo | Di | Mi | Do | Fr | Sa | So |
|---------|--|--|---|---|--|---|----|
| 8:45 | | Individuelles Unterrichten (YogaTherapie) Praxis Dévény Wahlscheid | | | | | |
| 9:00 | | | | | Faszien Yoga Ballettschule im Hofgarten | Yoga am Morgen Praxis Dévény Lohmar - Wahlscheid | |
| 9:15 | | | | | | | |
| 9:30 | | | | | | | |
| 9:45 | | | | | | | |
| 10:00 | | | | | Individuelles Unterrichten (YogaTherapie) Praxis Dévény Wahlscheid | | |
| 10:15 | | | | | | | |
| 10:30 | | | | | | | |
| 10:45 | | | | | | | |
| 18:15 | | | | | | | |
| 18:30 | | Yoga (A+F) Natureschule Aggerbogen Lohmar - Wahlscheid | Yoga (F) Praxis Hamke Overath - Marialinden | | | | |
| 18:45 | | | | | | | |
| 19:00 | Yoga (F) Praxis Dévény Lohmar - Wahlscheid | | | Yoga (A+F) Praxis Dévény Lohmar - Wahlscheid | | | |
| 19:15 | | | | | | | |
| 19:30 | | | | | | | |
| 19:45 | | | | | | | |
| 20:00 | | | Faszien Yoga Praxis Hamke Overath - Marialinden | | | | |
| 20:15 | | | | | | | |
| 20:30 | Yoga (A+F) Praxis Dévény Lohmar - Wahlscheid | Yoga SGW Wahlscheid | | | | | |
| 20:45 | | | | | | | |
| 21:00 | | | | | | | |
| 21:15 | | | | | | | |

Individuelles Unterrichten: Termin nach telefonischer Absprache